



Randwick Petersham Cricket Club

PRE-SEASON TRAINING PROGRAM 2018-19





Club Structure: Operations

Cricket Operations RPC

Director Cricket
Head Coach
Grade Advisor
Chairman of Selectors

Selectors

Chairman of Selectors
Head Coach
Grade Captains per Team
Grade Advisors (Informal)

Training Staff

Head Coach
Assistant Coaches
Practice Captain
Specialist Coaches

Grade Captains

1st – 5th Grade
Metropolitan Cup
Metro Cup Facilitator

Junior Development

Head Coach
PG Coach/Manager
Green Shield
Coach/Manager
Academies & Clinics



Pre-Season: July/August

- **Saturday June 23rd Players Meeting + Venue/Time (TBC)**
- **Saturday June 30th Club Fitness: (All Players)**
- **Saturday July 7th Club Fitness: (All Players)**
- **Saturday July 14th Club Fitness: (All Players)**
- **Saturday July 21st Club Fitness: (All Players)**
- **Saturday July 28th Club Fitness: (All Players)**
- **Sat: Aug 4th 8.30am Snape Park Maroubra: Club/Specialist Skills**
- **Sat: Aug 11th 8.30am Snape Park Maroubra: Club/Specialist Skills**
- **Sat: Aug 18th 8.30am Snape Park Maroubra: Club/Specialist Skills**
- **Sat: Aug 25th 8.30am Snape Park Maroubra: Club/Specialist Skills**

Please Note: As per previous seasons venues for fitness sessions will be confirmed prior to dates listed please refer to the clubs Facebook/twitter, website pages & stay up to date via email.



Club Social Event:

- **RANDWICK Rugby Club @ COOGEE OVAL: Saturday 21st July 2018**
- **“Randwick Galloping Greens v Warringah Rats”**
- **Meet: From 2pm “Coogee Oval”**
- **“Entire Club Welcome”**



Senior Grades: SCG Indoor

Senior Grades SCG Indoor Centre: 1st Grade Squad, PGs & Selected Players

- Wednesday August 1st SCG Indoor Cricket Centre 7pm – 9pm
- Wednesday August 8th SCG Indoor Cricket Centre 7pm – 9pm
- Wednesday August 15th SCG Indoor Cricket Centre 7pm – 9pm
- Wednesday August 22nd SCG Indoor Cricket Centre 7pm – 9pm
- Wednesday August 29th SCG Indoor Cricket Centre 7pm – 9pm

Please stay updated via the Clubs [Facebook/Twitter](#) and [website](#) pages should there be any alterations to the above program.



Pre-Season: September

- **Saturday September 1st 9am Snape Park Maroubra: Specialist Skills**
- **Tuesday September 4th 4pm Snape Park Maroubra: Specialist Skills**
- **Thursday September 6th 4pm Snape Park Maroubra: Specialist Skills**
- **Saturday September 8th (Trial Games & Club Training)**
- **Tuesday September 11th 4pm Snape Park Maroubra: Specialist Skills**
- **Thursday September 13th 4pm Snape Park Maroubra: Specialist Skills**
- **Saturday September 15th & 16th Trial Games (All Grades)**
- **Tuesday September 18th 4pm Snape Park Maroubra: Specialist Skills**
- **Thursday September 20th 4pm Snape Park Maroubra: Specialist Skills**
- **SATURDAY September 22nd Round 1 Season 2018/19**



Important Information:

- **Always advise of any injury or problems prior to all specialist skills & fitness sessions**
- **Bring cricket spikes & running shoes to every session (Without exception – Preseason & In season)**
- **Advise Head Coach (Greg Small: 0488 16 16 15) & Chairman of Selectors (Alan Wright: 0414 93 95 76) via SMS if you are unable to make training or preseason sessions.**
- **Be prepared to work hard at all sessions**
- **Remember “WE NOT ME” and help our “Club” achieve its goals for the 2018/19 season**